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## **This golf tournament can be good for your heart**

*AT&T Pebble Beach National Pro-Am links up with American Heart Association to dedicate Feb. 14 to Valentine hearts of the most important kind*

PEBBLE BEACH, Calif. – This Valentine’s Day, do something for your and your companion’s heart: Take your sweetheart to the final day of the AT&T Pebble Beach National Pro-Am for Swing For The Heart day.

The AT&T Pebble Beach National Pro-Am has chosen this important theme to bring awareness to heart disease, the No. 1 cause of death for women and men in United States. Golfers and spectators are encouraged to wear red to the event on Sunday to show their support.

A day at the Pro-Am has always been good for the heart – when you stroll the majestic courses, you are taking strides toward better heart health. This year, there’s more. The American Heart Association will have a booth at the Grand Entrance offering:

- Free blood pressure screenings
- Free BMI screenings
- Free heart-health information
- Free recipe cards for tried and true heart-healthy and delicious dishes
- Our signature Red Dress pin for a small donation
- A chance to make donation to honor your sweetheart for Valentine’s Day and take home some heart-healthy dark chocolates
- Registration for Go Red For Women for a chance to win daily raffle prizes
- A chance to picture yourself in a red dress (paper cut-out, that is)

The American Heart Association will be hosting these offerings at its booth on Friday and Saturday as well as Sunday.

For ticket information, please visit [atpbgolf.com](http://atpbgolf.com) or call 800-541-9091.

### **ABOUT GO RED FOR WOMEN**

American Heart Association’s Go Red For Women movement helps fund cutting-edge research, conducts lifesaving public and professional educational programs and advocates for the protection of women’s heart health. The Go Red For Women movement is nationally sponsored by Macy’s and Merck. For more information about Go Red For Women, visit [GoRedForWomen.org](http://GoRedForWomen.org) or call 1-888-MY-HEART.

### **ABOUT THE AMERICAN HEART ASSOCIATION**

The American Heart Association is the nation’s largest voluntary health organization dedicated to building healthier lives, free of heart disease and stroke. These diseases, America’s No. 1 and No. 3 killers, and all other cardiovascular diseases claim nearly 950,000 lives a year. To learn more, call 1-800-AHA-USA1 or visit [americanheart.org](http://americanheart.org).